



Polk County
4-H
Opportunities
FALL 2021



Polk Poultry Program

Dates: 9/9, 10/7, 11/4, 12/2

Ages: 9&up

Time: 3:30pm-5pm

NO COST

Calling all chicken lovers and those who might be interested in raising them. Families do not have to currently own poultry to participate, but those who continue the program in the Winter semester will likely be purchasing and housing at least one chicken to show in Spring. This program will prepare youth for raising chickens, including how to care for them and even how to show them for competition. Our first meeting will be on Thursday, September 9 and then the club will meet the first Thursday of each month through December.



Important Notice



Poultry Club will continue through Winter. Those who participate in both semesters will be able to show a chicken for competition in the Spring.





Clover Kitchen

Dates: 10/19, 11/16, 12/21

Ages: 9&up

Time: 3:30pm-5:30pm

Fees: \$5

Join us in the Clover Kitchen where youth will learn about food preparation, as well as food and kitchen safety and nutrition. These hands-on, fun classes will build multiple important life skills. Classes will occur at the Extension Center on the third Tuesday of each month from Oct.-Dec.



The Science of Racing

Dates: 9/23, 10/21, 11/18, 12/16

Ages: 9-12

Time: 3:30pm-5pm

NO COST

In this STEM program, youth will explore the world of racing, including the engineering and physics behind it, and the safety mechanisms involved. These fun, hands-on investigations will happen on the third Thursday of each month from September through December.





Teen Council

Dates: 9/17, 10/15, 11/19, 12/17

Ages: 12-18

Time: 3:30pm-5pm

NO COST

4-H County Council is a student-led initiative of teens who work together to improve the quality of the 4-H Youth Development program. County council members meet once a month for regular meetings and also organize and attend additional activities such as social outings and service projects.



Teens who join 4-H County Council have the opportunity to:

- Develop vital life and leadership skills
- Build new friendships and deepen existing ones
- Experience what it's like to be part of an active governing body
- Travel to district, statewide, and national retreats and leadership conferences
- Have a say in future 4-H programming and activities
- Participate in unique field trips designed just for them

Dates listed above indicate dedicated monthly council meetings. Other activity, retreat, service projects, and outing opportunities will be chosen by the group and scheduled throughout the semester.





Cloverbud 4-H Discovery

Dates: 9/7, 10/12, 11/9, 12/14

Ages: 5-8

Time: 3:30pm-5pm

NO COST

The activities and learning opportunities for 4-H Cloverbuds are designed for their specific age and level. They concentrate on developing such skills as decision making, discovery, communication, self-confidence, and building relationships. This program is led by long-time 4-Her Katelyn Ruff, who has a heart for children and super creative ideas for engaging educational programs. Meets the second Tuesday of each month, Sept.-Dec.



Graphic Design

Virtual Course via
Zoom

Dates: 10/4, 10/18, 11/1, 11/15, 12/6, 12/20

Ages: 12&up

Time: 3:30pm-5pm

NO COST

This was a very successful program last year, so we are offering it again to students who missed it. In this virtual class, students will learn to use digital graphics to communicate ideas and information. They will explore how balance, composition, color, fonts, and more can make a visual impact. Meets via Zoom on the 1st and 3rd Mondays from October through December.





Have questions about any of the
4-H programs in this brochure?
Give us a call at 828-894-8218 or
send an email to
Helen_clark@ncsu.edu

