



# POLK COUNTY 4-H FALL REGISTRATION

2020 Virtual 4-H Options for Fall Semester

## Personal and Demographic Information

### Child's Name \*

First Name      Last Name

### Gender of Child \*

### Child's Current Age \*

### Child's Current Grade Level (as of the 2020/2021 school year) \*

### What is the race of participant?

American Indian or Alaskan Native

Asian

Black or African American

Native Hawaiian or Other Pacific Islander

White

### Parent or Guardian Name \*

First Name      Last Name

**Relationship to Participant \***

**Cell Phone (if applicable)**

Area Code      Phone Number

**Home Phone (if applicable)**

Area Code      Phone Number

**Best number to reach you for class changes, cancellations, or emergencies**

Area Code      Phone Number

**Address**

Street Address

Street Address Line 2

City                      State / Province

Postal / Zip Code

**Parent Email**

example@example.com

- [2020 4-H Program Rules and Guidelines for Virtual Instruction](#)

**I verify that I have clicked the link above and have reviewed the rules and guidelines. \***

Yes

No

**After reviewing the Program Rules and Guidelines, please below to indicate your agreement.**

- [4-H Program Photo & Media Release](#)

**After clicking and reviewing the Photo/Media release statement above, please answer the following. \***

I agree to Photo/Media use for any public release by NC State

I do not agree to Photo/Media use for any public release by NC State

4-H is all about hands-on learning. So, just because we can't meet in person right now, that doesn't mean that our focus has changed. We're simply adapting our format! For the Polk County 4-H Fall Semester we are offering eight (8) different Make-and-Take kits. You choose the kit(s) your 4-Her will want to work on below, and each month, you'll drop by the Extension office to pick up the ones you've indicated. Then, all the students who have chosen their specific kit will meet together at the specified time on Zoom (using a link we will send you) to complete their projects together.

# Polk County 4-H Fall Program Options

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## Take and Make Projects

See attached brochure for details, dates, and times for each project.

### Please Check All Projects You Want to Register For Below

- Intro to Electrical Circuits (Ages 8 & up)
  - First Day of Autumn Craft (Ages 8-12)
  - Principles of Flight (Ages 7-12)
  - National Fossil Day (Ages 5-12)
  - Autumn Batik (Ages 9 & up)
  - Be Thankful Wood Craft (Ages 9 & up)
  - All About Birds (Ages 9 & up)
  - Holiday Ornament Craft (Ages 5-12)
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## Mealtime with Helen

Ages 9 & up - Meets via Zoom at 3:30pm on 10/23, 11/20 and 12/11

Bring your computer or smart phone right into the kitchen with you for this Zoom session. Participants will meet together for three different sessions from 3:30-5pm. An ingredient list will be provided ahead of time so that parents and students can follow along with Mrs. Helen to prepare that month's recipe.

*NOTE: Parental supervision is required for all sessions.*

Session focus will be:

- **October 23** - Let's prepare supper together! As the weather starts to cool down, we'll make a pot of chili for your evening meal.
- **November 20** - Prepare a new twist on chicken pot pie or a great way to use up leftover turkey.
- **December 11** - We will learn how to make stuffed pasta shells. This can be served immediately or even frozen to use on another day.

**Initial Below to Register Child for this Program (as space allows)**

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## Graphic Design Basics

Ages 12 & up - Meets via Zoom at 4pm on Thursdays from 9/17-10/22

Many families said they wanted their teens to build graphic design skills. Your wish is our command! Polk County 4-H is offering a six-week introduction to Graphic Design for ages 12 and up. Sessions will meet via Zoom and students will each register for a free [Canva](#) design software account where they can practice skills such as balance, alignment, fonts, color, and more!

**Initial Below to Register Child for this Program (as space allows)**

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## Cool Cloverbuds Club

Ages 5-8 - Meets via Zoom at 3:30pm on the 4th Thursday of each month, September through December

Cloverbuds are the youngest 4-Hers—students ages 5 to 8. The Cloverbuds in Polk County are especially fortunate because they have 16-year-old fellow 4-Her Katelyn Ruff for their Club Leader! Katelyn will lead a monthly meeting of the Cool Cloverbuds Club via Zoom on the 4th Tuesday of each month, September through December. Sessions will include storytelling and an activity and will last 20-30 minutes.

THERE IS NO FEE FOR THIS VIRTUAL CLUB.

**Initial Below to Register Child for this Program (as space allows)**

With Thanksgiving just around the corner, let's sharpen our Etiquette skills so we are sure to impress company with our behavior.

## Etiquette for Kids

Ages 8-13 - November 10 - 4pm Zoom class

**Initial Below to Register Child for this Program (as space allows)**

## Permissions

For Fall, we have several different options for 4-H participants to choose from, depending on your child(ren)'s ages and interests.

- **Take & Make Projects** (Age requirements vary by project) These are complete learning activity kits that you can pick up each month at the Extension Center. Participants will meet via Zoom on the specified day and time to complete their projects together. *(NOTE: if you do not have home internet access, please contact us and we will work out alternative instructions)*
- **Mealttime with Helen** (Ages 9 & up) This program will meet by Zoom once per month from October to December. Parental supervision is required for participation because students will be preparing recipes in real-time in their own kitchen under Mrs. Helen's leadership.
- **Graphic Design Basics** (Ages 12 & up) Students will meet each Thursday via Zoom at 4pm during the program period. Youth interested in art and visual communication will learn about balance, alignment, fonts, and color and will use a free graphic design platform to complete independent practice assignments.
- **Cool Cloverbuds Club** (Ages 5-8) Katelyn is looking forward to catching up with her Cloverbuds! Join her on Zoom on the 4th Tuesday of each month from September through December. Sessions will include storytelling and an activity and will last 20-30 minutes.
- **Etiquette for Kids** (Ages 8-13) With Thanksgiving just around the corner, let's sharpen our etiquette with this one-time Zoom session. You'll be sure to impress company with your new-found skills.

**Registration for each program listed above will be on the following pages. Please note the age requirements, dates of sessions, and Zoom times prior to registering.**