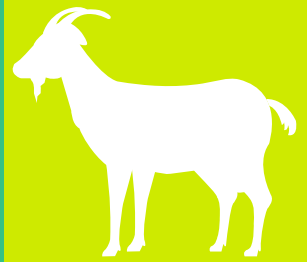
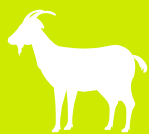




**POLK COUNTY  
4-H  
OPPORTUNITIES**

**SUMMER 2019**





**POLK COUNTY 4-H  
IS DEDICATED TO  
PROVIDING YOUTH  
WITH POSITIVE &  
EDUCATIONAL  
SUMMER  
EXPERIENCES!**

Please use this guide to help you select the summer program(s) that best fit your child(ren)'s needs and interests. If you have any concerns, please contact Helen Blackwell at the Polk County 4-H office.



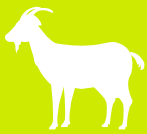
828-894-8218



[helen\\_clark@ncsu.edu](mailto:helen_clark@ncsu.edu)

**BETSY JEFF PENN 4-H CAMP**

During this week-long residential camp for ages 8-14, campers will have the opportunity to participate in canoeing, crafts, swimming, hiking, field games, ropes course, shooting sports, and much, much more. In the evening, campers will have unique and high-energy programs and shows that will provide nonstop entertainment. Combine all this with delicious meals and a fun, caring, and highly qualified staff, and you have a week of camp that your child will remember for years to come. Dates: 6/30-7/5. Cost: \$420 For more info on camp, and to obtain the registration form, visit our post, [Everything You Wanted to Know About 4-H Camp](#).



## 4-H GOAT PROJECT

**Dates:** 6/13, 6/20, 7/11, 7/18, 8/1, 8/15, and 8/22    **Ages:** 9-18

**Time:** 9am-11am    **Fees:** \$5

With the much-awaited addition of goats to our complex, we are looking forward to introducing them to our youth via a new goat club! In this club, youth ages 9-18 will learn about the different types of goats, their uses, goat care and first aid, and showmanship. The club will run weekly through the summer, and then once school begins, hours will be adjusted. Please note that this club requires a commitment. Do not register unless your child has clearly shown interest and is willing and able to attend all club meetings.

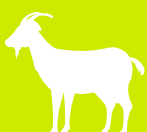


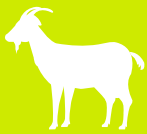
## 4-H CLOVERBUD CAMP

**Dates:** 6/14, 6/21, 7/12, and 7/19    **Ages:** 5-8

**Time:** 10am-12pm    **Fees:** \$15

At each camp session, participants will investigate a different topic including: Passport to Travel, Building and Tinkering, Mad Science, and Cooking.





# KIDS IN THE KITCHEN

**Dates:** 6/17, 6/18, 6/19, **Ages:** 8-11 **Time:** 9am-12pm **Fees:** \$15

This three-day program will help youth learn their way around the kitchen. It includes all of the ingredients to make a tasty breakfast, lunch, and dinner while learning plenty of helpful skills along the way.

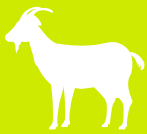


# JUNIOR GARDENING CAMP

**Dates:** 6/24 thru 6/28 **Ages:** 10-14 **Time:** 9am-2pm **Fees:** \$75

It's hard to get more hands-on than with horticulture! In this camp, youth ages 10-14 will study various horticultural subjects, methods, and techniques while working in the Extension Demonstration Garden. They will even be preparing lunch using some of the garden harvest! This weeklong camp will be filled with indoor and outdoor activities, as well as field trips to the Mountain Horticultural Research Station, a nursery, a botanical garden, and a hike at Crowder Mountain to explore the native flora. Lunch will be provided daily.





# SEWING PROJECT

**Dates:** 7/9 and 7/10 **Ages:** 9-18 **Time:** 10am-12pm **Fees:** \$10

For boys or girls new to sewing or with only a bit of experience, this two-day workshop is for you. Youth ages 9-18 will focus on completing a quilted wall hanging that can be entered in the NC Mountain State Fair.



# TEEN CAREER EXPLORATION CAMP

**Dates:** 8/5 thru 8/8 **Ages:** 12-18 **Time:** 9am-2pm **Fees:** \$35

This weeklong career exploration program provides youth ages 12-18 with the opportunity to explore various occupation options (along with their educational requirements). In addition, teens will learn some of the soft-skills and workplace etiquette that will make them stand out in their chosen careers. Camp activities will include multiple field trips, including touring county government facilities and local industries that are employment options in our region.

